Grangers are Athletes

#togetherwegrow

Marches Academy Trust

P.E – Our Vision

The national curriculum for physical education (PE) aims to ensure that all pupils,

- Develop competence to excel in a broad range of physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy, active lives.

At Grange Primary School, we believe that our PE and sports curriculum encompasses a range of skills and experiences that children will participate in during their time at school. We deliver a PE curriculum that is intended to develop skills, build knowledge and encourage progression. This will provide every child with the opportunity to participate in a range of physical activities both within lessons and as part of extra-curricular activities such as at break times, lunchtimes, outdoor learning and after school clubs. Our curriculum is delivered through exciting and engaging learning opportunities for our children both indoors and out. We deliver inclusive PE lessons and aim to ensure that all children are motivated and engaged across a variety of physical activities. We strive to ensure the skills and positive values of sport, fitness and a healthy lifestyle are embedded into our school ethos and aspire to create an environment where all children can learn and achieve with self-confidence.







Grange Primary School

At Grange Primary School our vision is to provide the highest quality PE for all children, of all abilities, to ensure the following pupil outcomes:

- Pupils will **enjoy** PE and School sport.
- Pupils will be **committed** to PE and sport, **value it** and make it part of their lives – both in and out of school.
- Pupils will **know and understand** what they are trying to achieve in PE and how to go about doing it.
- Pupils will understand that PE and sport are an important part of a **healthy, active lifestyle**.
- Pupils will gain in **self-confidence** by getting involved in PE and sport.
- Pupils will develop the **skills and techniques** they need to take part in PE and sport.
- Pupils will experience **a wide range of competitive, creative and challenge-type activities**, both as individuals and as part of a team or group.
- Pupils will **think** about what they are doing in PE, **analyse and evaluate** and make appropriate **decisions** for themselves.
- Pupils will **show a desire to improve and achieve** to the highest levels in relation to their own abilities and potential.
- Pupils will develop **stamina, suppleness, strength and speed** to enable them to become live long participants in sport and exercise.

P.E - Implementation

At Grange Primary School, our aim is to create an embedded culture, where high quality teaching and learning of PE and Sport inspires every child to participate in physical activity. PE lessons are delivered twice weekly, ensuring children have access to two hours of physical activity a week – meeting National Curriculum statutory requirements.

Opportunities for the implicit teaching of our school values is woven into our expectations and implementation of P.E lessons. Lessons promote teamwork **(kindness and respect)**, resilience **(try our best)**, the importance of reflection **(respect and curiosity)** and embed the values of fairness and **respect**. The sequence of the lessons builds upon children's fundamental skills and provides opportunity for application within competitive situations. The individual lesson progression will allow opportunities for:

- A physical warm up.
- Skill acquisition and discussion of the lesson focus.
- Skill development and application through competition.
- Cool-down which allows time for reflection.



P.E – Implementation continued…

- Where possible, lessons should provide opportunities for competition both as a team and individually. Through the sequence of work, children should be given the opportunity to apply and develop a broader range of skills where each lesson builds upon their previous learning. Within these lessons, children should have the opportunity to communicate and collaborate, allowing them to explore their understanding of how to develop further and to recognise their own success. PE equipment and resources should be planned into sessions and utilised to support children's physical development. Equipment can be used to differentiate activities to ensure that all children's needs are met and allow opportunity for progression of skills.





PE – Implementation
A Heathy Lifestyle

- As Grange Primary School strives to ensure the positive values of sport, fitness and healthy lifestyles are embedded into our school ethos, we aspire to create a whole-school environment where children can participate in physical activity throughout the school day. The children take part in the running/walking of our mile track along with the opportunity to use our wooden apparatus.
- To maximise the opportunity for physical activity, clubs are run by the school and outside providers offering a variety of extracurricular activities. These take place after school to allow a variety of children to participate in a range of different activities. Alongside this, intra-school activities take place across the school year to provide children with an additional opportunity to compete against their peers. Furthermore, children are provided with the opportunity to represent the school through inter-school competitions across the Marches Trust and Shrewsbury school's catchment area. This allows children to have a wealth of opportunities to develop their physical skills outside of PE lessons.







PE – Implementation
Promoting a Heathy Lifestyle at Lunch times.

- We aim to continue promoting an active and healthy lifestyle in children's time outside of the classroom.
- At lunchtimes, children are provided with a range of activities including sports activities.











P.E Implementation

We also provide many opportunities to supplement our curriculum offer for P.E and encouraging a healthy and safe lifestyle.

Some of these opportunities include...

- Chance2Shine
- Reading the game.
- Bikeability
- Shropshire Schools Tennis
- HAF/Holiday Programmes
- Funded clubs
- Girls football partnerships
- Competitions
- Part funding for school trips to outdoor education centres.

P.E – Impact

- Throughout each lesson, formative assessment takes place and children receive continuous verbal feedback. This feedback is given by the sports coaches and class teacher linking to the lesson focus, the children's fundamental skills and core values such as teamwork and resilience.
- Children will also assess their own achievements and evaluate their progress during times of reflection within the lesson. Questioning will be used effectively to prompt reflection and encourage discussion between peers. This will allow children to take ownership over their own achievements and involve them in making effective decisions to aid their development across all areas of PE.
- Teachers will use their assessment and individual lesson outcomes to inform their planning and make appropriate alterations to lessons to allow each child to progress. Furthermore, assessment for learning during a lesson will allow teachers to differentiate tasks accordingly and utilise resources/equipment to support children's progress.
- Through lesson observations, planning monitoring and pupil voice activities, the teaching of PE will be monitored across the course of the year to ensure the PE curriculum develops all aspects of a child's social and physical development.

